

Self-Injury

Characteristics, Causes and Coping Strategies

Featuring **Wendy Lader, Ph.D.**, co-author of the book *Bodily Harm* and nationally recognized expert on bodily injury.

9 a.m. to 3 p.m. • Saturday, March 5, 2005 • University of Texas Health Science Center
School of Nursing Auditorium • 7703 Floyd Curl Drive

Continuing Education Seminar for Health Care Professionals

The Self-Injury Phenomenon

Health care professionals are experiencing a rise in self-injury cases among San Antonio teens. People are not only talking about it more, it is also becoming more common as teens search for a new way to rebel and express themselves. "It's almost like their body becomes a bulletin board on which to notch their pain," says Lader.

Our Presenter

Dr. Lader has lectured and conducted workshops at numerous professional conferences including the American Psychological and Psychiatric Associations. She has appeared on "Dateline NBC," "Good Morning America" and "20/20." Dr. Lader's expertise has been quoted in publications such as the *New York Times Magazine*.

Registration Fees

By February 28: \$50 per person, which includes lunch and resource materials

March 1 or later: \$10 extra per person

Who Should Attend

Health care and mental health professionals, psychiatric hospital staff members, nurses, crisis and intervention program staff members, criminal justice personnel, school counselors and other professionals who work with children.

Continuing Education

CNE

Methodist Healthcare System is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas.

Nurse Participants must attend entire activity and complete evaluation form to be eligible for 6.8 contact hours.

LPC, LMFT & LCSW

This program is sponsored in part by the Methodist Healthcare System. Follow instructions for your licensing board and retain a copy for your professional records. Provider approved by the TCAP Standards Committee.

LPC Provider #1089

CEU's: 6

Approved Marriage and Family Therapy

CEU's: 6

Approved Social Worker #CS1690

CEU's: 6

LCDC & AAC

TCBAP Provider# 1574-00 - Alcohol & Drug Related - 6 Hours TAAP San Antonio Chapter.

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Please print

Name: _____

Professional Designation: Check one:

RN LUN LPC LMFT LCDC/AAC LCSW

Job Title: _____

Company: _____

Home Address: _____

City, State, Zip Code: _____

Work Phone: _____ E-mail: _____

Enclosed is my check for \$ _____

For information, please call (210) 481-2573

Mail your registration form and check to:

Joan Miller
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Presented by the Youth Mental Health Council
of The Health Collaborative,
Southwest Mental Health Center
and Methodist Healthcare



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