

# SAHLI

Serves San Antonio

The San Antonio Health Literacy Initiative (SAHLI) is a program that aims to increase health literacy awareness by addressing primary gaps in health literacy today.

SAHLI is A joint community effort with partners from:

Bexar County Department of Community Resources  
CHRISTUS Santa Rosa

City of San Antonio Department of Community Initiatives  
Community First Health Plans  
Sage Words

San Antonio Food Bank  
Shirley Wills & Associates  
University Health System

University of Texas Health Science Center San Antonio  
University of the Incarnate Word



## Get Involved!

SAHLI is open to everyone  
No membership fees

For more information on SAHLI please contact us at:

**The Health Collaborative**  
1002 N. Flores  
San Antonio, TX 78212  
(210) 481-2573  
info@healthcollaborative.net



**The San Antonio  
Health Literacy Initiative**  
*A Program of the Health Collaborative*

[SAHealthLiteracyInitiative.com](http://SAHealthLiteracyInitiative.com)



**Health Collaborative**

*Bexar County's Community Health Leadership*  
A joint community effort with partners from:

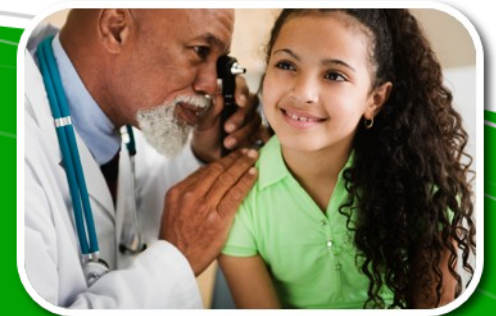
Baptist Health System • Bexar County Department of Community Resources  
CHRISTUS Santa Rosa • Community First Health Plans  
Methodist Healthcare Ministries • Methodist Healthcare System  
San Antonio Metropolitan Health District • Stephen K. Blanchard  
University Health System • WellMed Medical Management Inc.  
YMCA of Greater San Antonio



# Create understanding...

Nearly half of American adults do not understand basic health information.

Institute of Medicine (2004)



# SAHLI

## What is health literacy?

Health Literacy is the patient's ability to obtain, process and understand health information. It is also the health provider's ability to communicate effectively so patients can take better care of their health. Health education is achieved through methods that go beyond and involve interaction, participation and investigation.

encourages a united effort by the health care systems, the education system, the media, and health care consumers to improve health literacy in San Antonio and surrounding areas

## Health Literacy is Important!

Low health literacy costs the average consumer \$7500 annually

Center for Disease Control

Poor health literacy is a stronger predictor of a person's health than age, income, employment status, education level and race.

American Medical Association